How can **YOU** help older Georgians meet some of their medical transportation needs?

The Lifespan Resources Medical Escort Program (MET) can help **YOU** answer this question. As part of my commitment to its mission, I want to share the importance of this program.

The MET program provides rides for elders who need transportation to medical appointments. The program is a free service, utilizing volunteer drivers, that operates on Tuesdays and Wednesdays. While MET has continued to make a difference in the lives of the elders served, the need that confronts the program has far out-paced MET’s ability to respond. The challenge is adding wonderful volunteers to our driver base.

MET needs more volunteer drivers. Consider volunteering **2-4 hours a month** to help transport elders to their medical appointments. Your commitment of just **4 hours a month** will make a huge impact on the health and wellness of our elders.

Not available to drive, but still want to help our elders?

Invite Zandra to address groups within your personal and professional network. She can speak about becoming a MET volunteer driver and how it makes a tremendous difference in our elders' lives.

To volunteer or schedule a speaker, please call Zandra - MET Volunteer Coordinator - at 404-237-7307 or email her at zandra@lifespanatlanta.com.